

## **Welcome to Reinarts Family Chiropractic**

We want to thank you for choosing Reinarts Family Chiropractic and for giving us the chance to help you. With your cooperation, I am sure that you will obtain the results you seek. We will do whatever it takes to help you get well as soon as possible.

The purpose of our office is to serve you, and we will be happy to answer any questions concerning your health care. We pride ourselves on serving happy, healthy and enthusiastic patients. Also, please let us know if there is ever a concern or problem you need to discuss (e.g. concern about your care, finances, etc.). Your comments help us to identify areas of concern and thus, help our office improve our service to our clients.

As you begin to improve, share your joy and health with your friends and loved ones; we always appreciate referrals! Once again, thank you for choosing our office, and we look forward to working with you to help you regain optimum health.

Sincerely,

Dr. Jason Reinarts

## **Our Mission**

To create a healing environment in which people take individual responsibility and learn to maximize their optimum health potential. We do this by listening and becoming aware of the person's individual needs so that we may utilize tools and resources that will best serve their body, mind, and spirit. Our fundamental approach includes clearing the nerve system, increasing structural integrity, providing nutritional support, decreasing emotional tension and inspiring people to make better choices in sickness and in health.

Name:		Age:	Date:
Address:		City	Zip
Home Telephone ( )	Work (	) Ce	ll ( )
We use text messaging for app	oointment reminders. Wh	o is your cell phone com	pany?
Email Address:			MaleFemale
Social Security #		Birth Da	ite:
Occupation:			
Employer Name and Address:			
Single Married			
Have you seen a Chiropractor Whom may we thank for refe			
AL STREET, STREET	YOUR HEALTH	I SUMMARY	
Please check all sympto	ms you have ever had, eve	en if they do not seem re	lated to your current problem
☐ Headaches ☐ Pins and Needles in arms ☐ Dizziness ☐ Numbness in fingers ☐ Fatigue ☐ Sleeping problems ☐ Diarrhea ☐ Cold sweats ☐ Mood swings  List any medications you are	☐ Pins and Needles in legs ☐ Loss of smell ☐ Buzzing in ears ☐ Numbness in toes ☐ Depression ☐ Neck stiff ☐ Constipation ☐ Lights bother eyes ☐ Menstrual Pain	☐ Fainting ☐ Back Pain ☐ Ringing in ears ☐ Loss of taste ☐ Irritability ☐ Cold hands ☐ Fever ☐ Problem urinating ☐ Menstrual irregularity	<ul> <li>□ Neck Pain</li> <li>□ Loss of balance</li> <li>□ Nervousness</li> <li>□ Stomach upset</li> <li>□ Tension</li> <li>□ Cold feet</li> <li>□ Hot flashes</li> <li>□ Heartburn</li> <li>□ Ulcers</li> </ul>
This office conforms to the cu	arrent HIPAA guidelines.	You may request a copy	of our HIPAA policy at the
front desk. Please initial to in The statements made on this To examine me for further ev	form are accurate to the be		
Patient Signature		I	Date
Guardian Signature		1	Date

## **FAMILY HEALTH HISTORY**

Patient Name		Date	
--------------	--	------	--

Please review the below listed symptoms and conditions and indicate those that are <u>current</u> health problems of a family member by the designation **C** under his or her column. The designation **P** should be used to indicate a <u>past</u> problem. Leave blank those spaces that do not apply.

	Father	Mother	Spouse	Brotl	her(s)	Sister(s)		Children		
	Age	Age	Age	Age	Age	Age		Age	Age	Age
First Name										
CONDITION										
Allergies										
Arthritis										
Auto Accidents										
Back Pain										
Cancer										
Constipation										
Diabetes										
Disc Problems										
Epilepsy										
Frequent Colds/Flus										
Headache										
Heartburn										
Heart Trouble										
High Blood Pressure										
Low Energy										
Migraine										
Neck Pain										
Nervousness										
Pinched Nerve										
Scoliosis										
Sinus Trouble										
Sleeping Problems										
Other:										
Other:										
Other:										

## **Functional Rating Index**

For use with Neck and/or Back Problems only. In order to properly assess your condition, we must understand how much your neck and/or back problems have affected your ability to manage everyday activities.

For each item below, please circle the one choice which most closely describes your condition right now.

No pain	Mild pain	Moderate pain	Severe pain	Worst possible pain	No pain	Mild pain	Moderate pain	Severe pain	Worst possible pain
2. Sleep	ing				7. Fre	equency of Pa	ain		
Perfect sleep	Mildly disturbed sleep	Moderately disturbed sleep	Greatly disturbed sleep	Totally disturbed sleep	No pain	Occasional pain; 25% of the day	Intermittent pain; 50% of the day	Frequent pain; 75% of the day	Constant pain; 100% of the day
3. Perso	nal Care (	washing, dres	sing, etc.)		8. Lif	ting			
No pain no restriction	Mild pain no as restrictio	Moderate pain; need to go slowly ns	Moderate pain; need some assistance	Severe pain; need 100% assistance	No pair w/hea weig	n pain with vy heavy	Increased pain with moderate weight	Increased pain with light weight	Increased pain with any weight
4. Trave	l (driving,	etc.)			9. Wa	alking			
No pain on long trips	Mild pain on long trip	-	Moderate pain on short trips	pain on	No pa any distan	pain aft	er pain after	pain after	Increased pain with all walking
5. Work	<b>S</b>				10. St	anding			
Can do usual won plus unlin extra wo	rk usual nited no e	work 50% of xtra usual	Can do 25% of usual work	Cannot work	No pa after severa hours	pain pain after severa	pain	Increased pain after 1/2 hour	Increased pain with any standing
Name									
		PRI	NTED						
								Date	

©1999-2001 Institute of Evidence-Based Chiropractic

•			
Patient Name(Print)	Paradition of the Control of the Con	Date	
Patient ID #	·		
	your pain or discom	fort on the images below. Use the	symbols
	<b>B</b> = Burning T	= Stabbing/Cutting = Tingling (Pins & Needles) = Cramping	
On the scales below, please	draw a vertical line	representing your pain or discom-	lort:
Rate the pain you have right	now:	Rate your pain at its best in the	past week:
No Pain	Unbearable Pain	Ne Pain	Unbearable Pain
			Mathematical and a second seco
Rate your average pain in the		Rate your worst pain in the past	week:
No Pain	Unbearable Pain	No Pain	Unbearable Pain